

HOLDING SPACE: A HOME FOR AUTHENTIC MOVEMENT

AUTHENTIC MOVEMENT Summer Schedule, 2012

ONE-DAY WORKSHOPS

Whether you are discovering the form or deepening into your practice, enroll in one or more workshops:

FRIDAYS

9:00-1:00

May 11th

July 6th

August 31st

Downtown Boulder

\$35/workshop

\$50/for 2

Sliding fee by arrangement

Email to register



ON-GOING PRACTICE GROUPS

Once you participate in a workshop, or if you are an experienced mover, sign up for one or more 5 week sessions.

Each session culminates in a day long celebration of Authentic Movement in nature at beautiful Circle Rock Retreat:

5 WEEK SESSIONS: LAST MEETING, ALL DAY RETREAT

May 25th - June 15th, Fridays, 9:00-11:00am... full day nature retreat June 23rd

July 20th - August 10th, Fridays, 5:30-7:30pm... full day nature retreat August 25th

\$120/Session, Email to register

Email:

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Web:

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